Mirasol profiled in Exploration Insights newsletter

December 8, 2009

An update of Mirasol Resources’ activities was recently featured in Brent Cook’s newsletter, Exploration Insights (November 29, 2009). Click here to read the Exploration Insights article.

“Mirasol Resources (MRZ-TSX-V) pulled one of the best silver drill holes we have seen for quite some time: 25.4 meters grading 1,164 grams per tonne silver, and 0.21 grams per tonne gold. The interval included 3 meters grading 7,753 grams per tonne silver, and 1.17 grams per tonne gold. The Joaquin property is a virgin discovery by Mirasol and hosts a number of individual gold and silver prospects, most importantly so far: La Negra, La Morocha and La Morena. Drill results released this week from La Negra expand upon previous drilling by joint venture partner Coeur (CDE.NYSE).”

Mirasol follows the Prospect Generator strategy to build shareholder value, reduce financial risk and advance its 100%-owned properties through strategic alliances with producers. Because of this, Mirasol is particularly well positioned to survive and thrive in the current market. Mirasol holds a large precious metals property portfolio in Patagonia, Argentina, and is also exploring in northern Chile.

Brent Cook is a well known exploration geologist, analyst and commentator on exploration companies and projects, with a career built on geological and property evaluations. Visit his website at www.explorationinsights.com.

Best regards,

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.